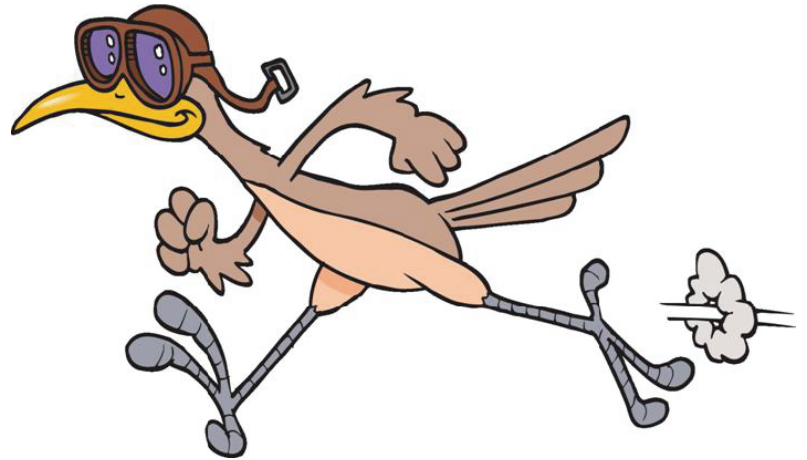




FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# KEEP UP THE PACE THIS FALL



## WITH THE ALEXANDER COUNTY YMCA YOUTH RUNNING GROUP "THE ROAD RUNNERS"

Open to boys & girls 6 and up, the Road Runners program kicks off with an informational meeting on **Monday, August 15 at 6:30 p.m.** at the Alexander County YMCA. The first training session begins **Tuesday, August 16 at 5:30 p.m.** at Matheson Park. The Road Runners will train every Tuesday and Thursday, August 16-October 13, from 5:30-6:30 p.m. at Matheson Park and will finish the session with the Alexander County YMCA Apple Festival 5K Race.

**\$31 YMCA Members/\$46 Potential Members**  
(+\$10 for Apple Festival 5K registration fee)

**REGISTER BY AUGUST 8**  
(**\$5 Late Fee**)

**ALEXANDER COUNTY YMCA**  
260 Black Oak Ridge Road  
Taylorsville, NC 28681  
P 828 632 9699  
[www.ymcairedell.org](http://www.ymcairedell.org)

