



YMCA Policies

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Bad weather closings: The YMCA will close anytime weather conditions make roads unsafe for members and staff. If bad weather occurs during the night, a decision regarding operating hours will be announced on WACB 860 Radio Station and be posted on WSOC-TV Channel 9 and WBTB- Channel 3. For your safety and convenience, please call the YMCA to verify opening before driving to the facility.

Facility Amenities: Full line of Cybex equipment, Cardiovascular equipment (offering treadmills, elliptical and recumbent bikes), Free Weight area, Conference/Multi-purpose room, Child Watch area, Aerobics studios, locker rooms and showers.

Child Watch: Child watch is free for children included on the Family/Household and the Adult w/Dependents Memberships. For all others child watch is available for \$5 per hour per child. Maximum of 2 hours.

Cybex: For all members age 16 years and older that have been through a proper orientation. See Member Service desk for information on how to be trained. Orientation is FREE.

Free Weights: For all members 16 years and older. No orientation required. User to assume risk.

Joiner's Fee: All new members or returning members (3 months or more) are required to pay this fee. The YMCA uses this fund as a reserve for new equipment. Joining fee cannot be added to monthly bank draft and is non-refundable. Joining Fee is tax deductible.

Bank Draft Option: This option allows the YMCA to automatically draft the membership fee from a credit card, checking or savings account of your choice. Bank draft is a year round continual program unless the YMCA is given a 14 day notice for termination. Any changes to account information must also be given to the YMCA 14 days prior to the scheduled draft date in order for changes to take effect with next draft. Membership rates are subject to change, 30 day written notice will be sent prior to any changes within the bank draft option.

Cancellation: The YMCA must receive a 14 day written notice of cancellation before your bank draft date in order for bank draft to be stopped. It is the responsibility of the member to check bank records to ensure draft has been stopped.

Return Drafts/Checks : If your draft is returned unpaid, E-cash Flow systems will collect it electronically. You will be assessed a minimum of \$25.00 (or the maximum allowed by law). E-cash Flow will attempt two times for the membership fee and two times for the return fee. There is a \$25.00 service charge on all returned checks for membership or program fees. There will be a \$10 fee added for each returned bankdraft or credit card not claimed by E-Cashflow.

Membership Cards: Members are required to bring their membership cards each daily visit to the YMCA. The membership card is non-transferable and loaning cards will result in a loss of privileges. Lost, damaged, or stolen cards can be replaced for \$3.00.

Financial Assistance Scholarship: The YMCA policy states that no one is turned away because of inability to pay. Those who cannot pay the full price amount are eligible to participate in our Financial Assistance Scholarship Program. See membership service for additional information.

Guest Policy: Members are encouraged to bring potential members in to try out the YMCA. Guest visits are \$10.00 daily. Aerobics class participants pay \$5 per class.

Insurance: The YMCA does not provide coverage of health or accident insurance for members, guests or program participants.

Away Program (Always Welcome At YMCA's): If you are a member of another YMCA you may utilize the Alexander County YMCA for 3 free visits each month. Additional visits are \$3.00 per visit. All guests must show their home based YMCA membership card.

Neighborhood Connection: Under the neighborhood connection program an adult only member may sign up to use one of the neighboring YMCA's for an additional \$15.00 per month to be paid at that YMCA. Programs may be taken at those YMCA's at the member rate. See Member Services for the neighboring YMCA's that are participating in this connection.

Corporate Memberships: Plans are available for local businesses and organizations to become members at a discounted price. Plan is available for as few as 10% of employee base. See our membership Director for more information.

Lockers and Valuables: Lockers are available for daily use during your visit. We recommend bringing a lock for your locker. The YMCA is not responsible for lost, stolen or damaged items. Any locks left overnight will be removed.

Proper Attire: No profanity on articles of clothing, Gym use shoes only. Gym shorts/pants must be worn at a respectable level. Comfortable work out clothing is strongly suggested.