



YMCA of Barium Springs
Home School
Exercise Classes

Tuesday & Thursdays

1:30 – 2:30 p.m.

March 2nd – April 15th

Build physical endurance while playing games and completing activities which promote hand/eye coordination, strength, cardiovascular endurance & listening skills!

Ages 4 – 13 yrs. Old

Cost: \$25/Member, \$30/Potential Member

Call: 704-883-0780 to register

