

ISY Fall Pool Schedule

October 1 - October 31, 2010

During the SWIM LESSONS we DO NOT have OPEN SWIM from 5:30 - 6:30pm on Monday/Wednesday
from 10am - 12pm on Saturday

IMPORTANT CLOSINGS:

Family Fun Night 4th FRIDAY of the month at 6:30-8:30pm

****Pool Schedule can change without prior notice.**

****Friday may be used for make up swim lessons if they are stormed out during the v
MAIN POOL**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 7:15am	ADULT LAPS	ADULT LAPS 3 LN	ADULT LAPS WATER FITNESS	ADULT LAPS	ADULT LAPS	CLOSED
7:15 - 8:00am	3 LANES LAPS CLASS	ADULT LAPS	3 LANES LAPS CLASS	3 LANES LAPS CLASS	ADULT LAPS	
8:00 - 9:00am	CLASS Short Adult Laps	SR. CLASS Short Adult Laps	CLASS Short Adult Laps	SR. CLASS Short Adult Laps	CLASS Short Adult Laps	8:00am-12:00pm ADULT LAPS *10:00am -11:00am CLASS / ADULT LAPS
9:00 - 12:00pm	2 LANES LAPS 1 OPEN WATER FITNESS 9am	3 LANES LAPS 3 OPEN	2 LANES LAPS 1 OPEN WATER FITNESS 9am	3 LANES LAPS 3 OPEN	3 LANES LAPS 3 OPEN	
1:00 - 2:00pm	3 LANES LAPS 3 OPEN	2 LANES LAPS OPEN CLASS	2 LANES LAPS OPEN CLASS	2 LANES LAPS OPEN	3 LANES LAPS 3 OPEN	
2:00 - 3:00pm	ARTHRITIS CLASS	2 LANES LAPS CLASS	ARTHRITIS CLASS	2 LANES LAPS CLASS	ARTHRITIS CLASS	12:00pm UNTIL 4:30pm & OPEN SWIM
3:00 - 3:30pm	3 LANES LAPS 3 LANES OPEN	3 LANES LAPS 3 LANES OPEN	3 LANES LAPS 3 LANES OPEN	3 LANES LAPS 3 LANES OPEN	3 LANES LAPS 3 LANES OPEN	
	2 LANES OPEN CLASS 3 LANES OPEN 3 LANES OPEN	3 LANES OPEN AFTERSCHOOL 3 LANES OPEN 3 LANES OPEN	2 LANES OPEN CLASS 3 LANES OPEN 3 LANES OPEN	3 LANES OPEN 3 LANES OPEN 3 LANES OPEN	3 LANES OPEN AFTERSCHOOL 3 LANES OPEN 3 LANES OPEN	CLOSED
5:30 - 6:30pm	3 LANE LAPS	3 LANE LAPS	3 LANE LAPS	3 LANE LAPS	3 LANE LAPS	
6:30 - 7:30pm	2 LANES LAPS CLASS	2 LANES LAPS CLASS	2 LANES LAPS CLASS	2 LANES LAPS CLASS/WATER FIT	CLOSED AT 6:30pm	

TRAINING POOL

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 8:00am	OPEN	OPEN	OPEN	OPEN	OPEN	CLOSED
8:00 - 9:00am	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
9:00 - 10:00am	OPEN	OPEN	OPEN	OPEN	REHAB	8:00 - 10:00am
10:00 - 11:00am	REHAB	REHAB	REHAB	REHAB	CLASS	CLASS
11:00 - 12:00pm	OPEN	CLASS	OPEN	CLASS	OPEN	10:00a - 12:00p
12:00 - 1:00pm	OPEN	OPEN	OPEN	OPEN	**OPEN	12:00pm UNTIL 4:30pm OPEN
1:00 - 2:00pm	OPEN	CLASS	CLASS	CLASS	OPEN	
2:00 - 3:30pm	OPEN CLASS	OPEN	OPEN CLASS	OPEN	OPEN CLASS	
3:30 - 4:30pm	OPEN CLASS	OPEN AFTERSCHOOL	OPEN CLASS	OPEN	OPEN AFTERSCHOOL	
4:30 - 5:30pm	REHAB	REHAB	REHAB	REHAB	OPEN	
5:30 - 6:30pm	CLASS	OPEN	CLASS	OPEN	OPEN	CLOSED
6:30 - 7:30pm	OPEN	OPEN	OPEN	OPEN	CLOSED	

week.

SUNDAY
CLOSED
1:00pm UNTIL 4:30pm 2 LANES LAPS & OPEN SWIM
CLOSED

SUNDAY
CLOSED
1:00pm UNTIL 4:30pm OPEN
CLOSED