



- Shower with soap before entering pool.
- Only swimmers wearing appropriate swim attire will be allowed in the pool.
- No chewing gum, band aids, earrings allowed in pool.
- Only U.S. Coast Guard approved flotation devices allowed in pool. An adult (18 yrs. or older) must be within arms length of any child that does not possess Polliwog skills.
- At the Statesville Y big pool or Barium Springs pool, an adult must be in the big pool with any child who has not finished first grade or passed Minnow skills. (must be able to swim width of the big pool unassisted in order to be left without an adult.)
- At the Statesville Y small pool, child must be 48" tall and have Polliwog skills in order to swim unassisted in the small pool. If under 48" tall, parent must be in the pool with child.
- Use of deep end restricted to those who can swim one width of pool.
- No underwater distance swimming or prolonged breath holding.
- Stairs and ladders are for entering and exiting the pool only.
- No sitting or hanging on lane dividers.
- Diving allowed in deep end only. At Barium Springs pool, no diving is allowed in any part of the pool.
- No back dives, flips or spins from side of pool.
- Kickboards, flippers and noodles for classes, swim team and lap swimmers only.
- No running, pushing or horseplay.
- Food and drinks are allowed only in snack area or outside deck.
- No pets or glass allowed in or around the pool or locker room areas.
- At Barium Springs pool, no guests allowed – no exceptions.

The lifeguard has the final decision in all matters concerning everyone's safety and well-being in and around the pool and locker room areas.

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