



Seahawks Swim Team

October Bulletin

Swimmer of the Month – Leandrie Durand

Leandrie is 15 years old and is swimming in our gold group. This will be her second swim season. She is home-schooled and in 10th grade. The coaches comment “She is the hardest working swimmer and is a great inspiration to others!”



Hobbies: reading and web design
Favorite Foods: lamb curie and apricot chicken
Favorite Music: movie soundtracks and classical
Favorite Book: House of the Scorpion by Nancy Farmer
Favorite Restaurant: On The Border
Pets: dog

Coaches Corner

It’s great to see so many familiar faces back as we begin our new season. We are looking at a lot of changes this year, beginning with the addition to our coaching staff, David Jones. This should give us an element of consistency that we missed last year. We’ll be able to practice 5 days a week with 2 coaches on deck 3 of those 5 days. For more individualized instruction and customized workouts, we are placing swimmers into one of three groups – BRONZE, SILVER, and GOLD with the stronger, more experienced swimmers in the GOLD group so they can get additional time in the water each day. To emphasize that we are aiming toward a more aggressive season for the Statesville YMCA swimmers, we have changed our name to the

SEAHAWKS. The team colors will be black and gold. We will have a new look and name to go along with our new attitude.

We are also planning to have the parents more involved this year as we strive to do a number of activities as a team. These changes will not happen overnight and will take time as well as effort on everyone's part. The team schedule is high on the coaches' list and we are providing a tentative schedule of meets. Parents can help prepare your swimmers for the meets by encouraging them to start thinking about goals for this season and what they want to accomplish as the year progresses. We'll be talking a-lot about goals and times in the near future.



Happy Birthday

Melissa Swedlund – 11 years

Upcoming Meets

Oct 13	YWNC October Opener Marion, NC
Nov 9 – 11	GYC Invitational Greensboro, NC
Nov 17	Hickory Invitational Hickory, NC
Dec 14 – 16	Capital Classic Huntersville, NC

Another New Swimmer on Deck!!!

The entire staff and team welcome's Benjamin Craver! And as always we are still seeking more swimmers to join in the fun.

Whether you think you can or you can't, You're probably right:

If you think you are beaten, you are;
If you think that you dare not, you don't;
If you'd like to win but you think you can't,
It's almost certain you won't.

If you think you'll lose, you're lost;
If you think you're outclassed, you are;
You've got to think high to rise;
You've got to be sure of yourself before
You can ever win a prize.

Life's battles don't always go
To the stronger or faster swimmer;
But sooner or later the swimmer who wins
Is the one who thinks they can.

Speedo has signed up with YMCA as sponsor!

Our official Speedo salesman
is Ron Whittle. He can
be reached at swimgear.com
or 828-238-8168
He will help our with all our
swimgear needs.